

Greater Metropolitan Area Housing Authority of Rock Island County

NEWSLETTER

April 2024 Edition

Office Hours M-F from 8-4

Visit our website at www.gmaharic.org for frequently posted updates and for staff contact information.



WORK ORDERS

For all regular maintenance work orders call your property manager's office or enter it online at www.gmaharic.org

EMERGENCY/ AFTER HOURS WORK ORDERS

Work order's that occur<u>after</u> regular business hours or on weekends & holidays, call the answering service at

309-755-1297

OAK GROVE

April is recognized as National Stress Awareness Month to bring attention to the negative impact of stress.

Managing stress is an essential component of a healthy lifestyle. Knowing how to manage stress can improve mental and physical wellbeing as well as minimize exacerbation of health-related issues. The saying "April showers bring May flowers" itself actually originates from the United Kingdom, where April for them is one of the more soggy months based on the position of the jet stream. Since this area typically has a cooler climate, the lower temperatures often push back the appearance of flowers to late April and early May. The phrase is also believed to come from an early poem with a line that goes, "Sweet April showers, do spring May flowers."

April Showers Bring May Flowers!

Spring Yard Waste - East Moline April 1 - April 26th No Stickers Needed Put Out on Regular Garbage Day



Property Manager Notices

STREED TOWER

 All Residents with a dog on the premises MUST clean up the waste from their yards. Our Maintenance team walks through the yard daily. Be respectful of your neighbors, do not allow your dog to go in other yards. Violation will result in a write-up and a charge for clean-up Report Pest infestations as soon as possible. Please put trash in dumpsters, the fee will be assessed if maintenance has to pick it up. 4/4/2024 - Residual Pest Control Spray 8-4 	 Please report any changes within 10 business days of income/household composition 4/25/24 - General Quarterly Pest Control Treatments <u>Effective Immediately for residents and visitors</u> - there is NO parking in spaces #30-#39 - for staff /contractors during the renovation. Soon - Welcome your new Streed Property Manager, Tricia Uzelac and Assistant Property Manager, Ingrid Redecker.
 WARREN TOWER/HEIGHTS Do NOT Pour grease down the sink. Please dispose of it in a can/Jar and throw it in the dumpster to not cause backups in the drain. Quarterly Pest Control Spray - 4/25/2024 - Warren Heights, 4/26/2024 Warren Tower/Place, please allow access between 8-4. Sign Up for River Bend Food Bag - Warren Tower - downstairs, Warren Heights Bldg. 335 & 345, and the Laundry Room Delivery - Wednesday, April 24, 2024 	 WILLIAM YOUNG Report Income/household changes within 10 days to property manager. Banned list available at Office Spring cleaning: Keep surroundings clean and organized.



- **NOTICES FROM THE MAINTENANCE DEPT.**
- Work Orders Please place your work order as soon as they occur, call it in or enter it on our website
- Spring is coming! get ready for Spring Cleanup!

<u>Please update your registration (stickers) for your vehicle plates and register your vehicle to obtain an assigned</u> <u>parking spot to park your vehicle.</u> Stickers should be current or risk your car being towed.





News you can Use

Christ United Methodist Church Food Pantry, 3801 7th Street, East Moline, IL 61244 **Emergency Pantry/Food Box Hours** Monday 9:00 AM - 12:00 PM Wednesday 9:00 AM - 12:00 PM Friday 9:00 AM - 12:00 PM





SAL's Early Head Start program provides an unparalleled level of care to children and families in the Illinois-Quad Cities-with education at the heart of that care. The program equips your littlest ones-and youwith the tools needed to thrive long-term by providing:

High-quality, full-day, full-year child care, including family child care, for low-income working families.

Care for infants and toddlers that support their development through strong relationship-based experiences prepares them for the transition into Head Start and preschool.

Call 309-764-8110 (option 3) to see if you qualify and to learn more!

SO YOU WANT TO BUY A HOUSE?

Free Seminar Friday April 26, 2024 5-7 pm Cambria Hotel Davenport Quad Cities 5061 Competition Drive Bettendorf, IA 52722



Entry-level Virtual Job Fair Tuesday April 9, 2024

11-am - 3pm

https://www.eventbrite.com/e/davenport-job-fairdavenport-career-fair-ticketS

Building A Botanical Arrangement

Hands-on workshop where you'll learn the art of creating stunning botanical arrangements. Saturday April 20, 2024 10-11:30 AM 4775 Elmore Avenue Davenport, Iowa 52807



Stuffed Green Pepper Skillet - Brown 1 lb of protein (your choice), chop 2-3 green peppers, 1 onion, throw in pan with protein, add a bit of chopped garlic and simmer together on low. Add 1 can of tomato paste, 1/2 cup of pasta sauce. Add one package of rice (your choice) I use a quick rice (brown rice w/quinoa) heat for 90 seconds in microwave and add to skillet mixture. Add a splash of Worcestershire sauce, stir and simmer 10 minutes. Serve with crusty bread and fresh salad. Bon Appetit!

Working Vehicles

Just a reminder to make sure your vehicles are always in working order. Spring is coming and you might want to go for a Sunday Drive!

Explore More Illinois

Explore More Illinois is a free service provided by your library that provides instant online access to free and discounted tickets to museums, science centers, sporting events, zoos, park districts, theatres, and other fun and local cultural venues. Log in with your library card number and password to check out all that is offered: https://exploremore.quipugroup.net/?EastMoline

Note: Please do not under any circumstance PARK IN A FIRE LANE. YOUR VEHICLE WILL BE TOWED!



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Laurie Morris-Nelson, Executive Assistant

Please contact me with any questions regarding this newsletter (a) 309-755-4527 or **Lmorrispelson@gmaharic.org**

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