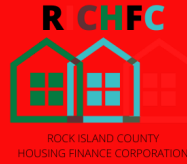


The GMAHA Newsletter

July 2024



EMERGENCY AFTER HOURS WORK ORDERS (after hours or weekends and holidays) call the answering service @ 309-755-1297

WORK ORDERS - For Regular (Non-Emergency) work orders call your property Manager's office or enter it online @ www.gmaharic.org

Office Hours - M-F, 8-4
Visit for updates and staff contact information WWW.GMAHARIC.ORG



GMAHA Offices will be closed in observance of Independence Day on July 4, 2024



Property Manager Corner

Two Towers - (Streed / Warren)
Provide the following required papers to the front office:

- Copy of current bank statement
- 2024 Social Security/disability form
- Monthly Assistance signed documentation (form available in office)
- Last 4 pay stubs
- Current valid Photo ID/Drivers license
- Signed papers delivered to door.
- Children MUST be supervised.
- No children in laundry room unsupervised

Oak Grove

- 7/24/2024 - Pest Control Visit 8-3, (mandatory, leave screen doors unlocked for contractor)
- Renters Insurance is HIGHLY recommended, protect your self and your belongings
- 7/24 - Riverbend Food Bank - please sign up in office before deadline of 7/22/24 by Noon. Bag pickup is 10-1130 or 1-230.

William Young

- 7/18 - Farmer Market Coupon handout - 9am - Noon, Sign up before July 12, 2024, quantities limited.
- 7/25 - Pest Control from 8-4



The third Sunday of July is one of the sweetest days in our calendar, as it is when we celebrate National Ice Cream Day. In fact, this frozen dairy treat is so popular that in 1984 the whole month of July was decreed to be National Ice Cream Month.

This comes as no surprise when we find out that Americans eat more ice cream in a year than anyone else in the world! So of course, there needed to be a day and a whole month to celebrate their immense appreciation for ice cream.

Things to know & Do !

July 2024

Christ United Methodist Church Food Pantry,

3801 7th Street, East Moline, IL 61244

Emergency Pantry/Food Box Hours

Monday - 9 am- 12 pm

Wednesday - 9 am - 12pm

Friday - 9am - 12pm



Early Head Start Child Care



SAL's Early Head Start program provides an unparalleled level of care to Children and families in the Illinois- Quad Cities - with education at the heart of that care.

Call 309-764-8110 (option 3) to see if you qualify and to learn more.

Free Movie Nights! Geneseo, IL

July 5, 2024 - Back to the Future

July 19, 2024 - The Little Mermaid

Free Admission & Free Popcorn

Check site below for location (Athletic Field or Aquatic Center)

<https://www.geneseoparkdistrict.org/foundation>

QC Farmers Market! This farmer's market is so unique, it offers you order on line option (Sun 9am - Thur 9pm) for pickup on Saturday morning @ Schweibert Park, RI, plus if you have a Link/Snap card and use it when ordering they double the value to buy locally grown fruits and vegetables.

Check out the webpage qcfarmersmarket.online for more details and see you at the market!

Where: Schweibert Park, 17th Street and 1st Avenue, Rock Island, IL

When: In -person Sat 8-12, All Summer long!



Recipe Corner - Steamed Summer Pot

1 kielbasa (or sausage of your choice!)

1 lb green beans

1 large sliced tomato

1 lb small red potatoes

Slice into bite size pieces and brown

While browning place halved red potatoes and green beans in steamer (or you can slow cook them in a crock pot)

Mix together together in skillet and serve with rustic bread and cottage cheese and sliced tomatoes on the side.