

GMAHA News you can use!

April 2025



Office Hours - M-F, 8-4



April 18, 2025 Good Friday GMAHA offices will be closed

<u>Work Orders - EMERGENCY</u> (after hours or weekends and holidays) call the answering service @ 309-755-1297

<u>Work Orders - Non-Emergency</u> enter online or call your property office.

Two Towers - Warren

4/2/2025 - River Bend Drop Off for those that signed up 4/16/2025 - Easter Candy will be avaailable for the children in the office.

Extermination

dates/times:
Warren Heights 4/24/2025
Warren Tower 4/25/2025
Warren Place 4/25/2025
QC Pebble 4/25/2025

Pet Owners -

Pick up all dog droppings or be fined. All dogs must be on a leash.

Two Towers - Streed

-NO Smoking of any kind in the building, marijuana is a lease violation.

4/24/2025 - Quarterly spraying

<u>Riverbend Produce -</u>

signup sheets/flyer in the office.

Please pick up garbage outside your unit , shake dust mats outside or clean up residue in hall.

Prevent unwanted

<u>animals</u> - Do NOT leave discarded food in courtyard.

PET Reminders:

Pick up everytime or be fined.

Adding a pet - Prior Approval & \$300 pet fee required Visiting pets not allowed

Property / Tenant News

<u>William Young</u> <u>4/16/2025-2pm</u> -

Illinois Iowa Center for Independent Living will be doing a presentation. Sign-up sheet is on bulletin board

4/24/2025 -

Advance Pest Control Mandatory

4/25/2025 - 1 PM

University of Illinois Extension, nutrition class, community room.

Spring is here!

Continue Spring cleaning in and outside of your unit.

Oak Grove 4/23/2025 -

Mandatory pest control, leave screens unlocked

4/24/2025 - Better Health Class @ Community Room 1:30 pm

Pet owners have full responsibility for their pets including cleaning up waste each time they go. \$25 fine will be assessed if violations occur and may affect pet being allowed.

<u>Spring Clean up</u> is ongoing, pickup around your area .



TAX
REFUND
Time is great
for catching
up on your
bills and
past due
accounts!



World Health Day, celebrated on April 7, marks the founding of the World Health Organization (WHO) and serves as a global health awareness day. Each year, the day highlights a specific health theme, drawing attention to pressing health challenges worldwide. "My Health, My Right" was the theme for the year 2024. The aim is to promote universal health care, access to essential medicines, and the well-being of all individuals, emphasising the need for health equity and fostering initiatives for healthier societies.

April Events!





Christ United Methodist Church Food Pantry,

38017th Street, East Moline, IL 61244 Emergency Pantry/Food Box Hours - Monday 9am - 12pm, Wednesday 9 am - 12pm, Friday 9am - 12pm



April 17, 2025 - <u>Free concert,</u> America's Big Band Amabassadors, Adler Theatre, 136 E. 3rd St. Davenport, IA 52801 Get Tickets <u>@</u> armyfieldband.com/tickets 563-326-8500



<u>SAL's Early Head Start Program</u> provides an unparallelled level of care to Children and families in the Illinois-Quad Cities - with education at it's heart. Call 309-764-8110 to see if you qualify.



FREE CLASS: Sneaky Vegetables: Hiding Vegetables in

Your Meals

Where: Scott CommunityCollege

When: April 23, 2025 Time: 11:30 - 12:30

Blending greens in smoothies, sneak pureed veggies into

soups and baked goods and boost your nutrition!



<u>WEEKNIGHT FAJITA BOWLS!</u> - Easy worknight meal. You only need fresh veggies (meat/tofu are optional) grill up some veggies onions, mushrooms, peppers, tomatoes, with olive oil and your favorite seasonings, place your favorite rice in a bowl, top with veggies, salsa, refried beans, cheese, avocado and its a meal!