

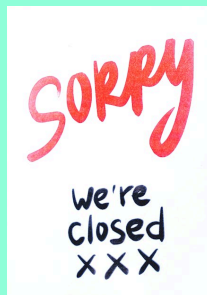



# GMAHA News you can use!



May 2025

Office Hours - M-F, 8-4



Monday  
May 26, 2025  
Memorial Day   
GMAHA offices will  
be closed. Resume  
regular hours  
Tuesday May 27,  
2025.

**Work Orders - EMERGENCY** (after hours or  
weekends and holidays) call the answering service  
@ 309-755-1297  
**Work Orders - Non-Emergency** enter online or call  
your property office.

## Two Towers - Warren

**5/7/2025 - River Bend Drop Off** for those that signed up **5/15/2025- 13th floor, 1pm** Budgeting and education discussion. Sign up sheets in the Lobby, or Heights laundry room, bldg 335.

## Pet Owners -

Pick up all dog droppings or be fined. All dogs must be on a leash.

## Tenants with

children - Please supervise your children and keep them away from the construction area.

## Two Towers - Streed

**5/7/2025 - Riverbend Produce Drop**—sign up sheets/flyer in the office.

## Reminders:

- Keep door locked when leaving your unit, lock car doors and be courteous of noise
- Please take your dogs to the grassy area to poo
- Please cleanup after your pets each time.

## May 23, 2025 - 1pm -

Create Better Health cooking class w/ Hanna. Sign up today!

## 14 Day Visitors Policy-

- Notify manager and fill out form.
- You must be on the lease to live in the unit
- Remind guests of the rules.

## Property / Tenant News

## Oak Grove

**May 7, 2025 - 1-3pm**

**Riverbend Produce Drop**—sign up deadline May 2, 2025

**May 22, 2025 - 1:30 pm -**

**Create Better Health** , University of IL Extension - community room

**May 8/9, 2025 - 9am -**

**230pm, Carnations for Mom's** - please stop by and pick up a carnation!

## Reminders:

- Report all infestations
- Move bikes/toys prior to mow day, *not responsible for damages*
- Pick up trash and take directly to dumpster, *maintenance pick up = fine \$25*
- Pets must be registered, no visiting pets allowed.

## William Young

**May 9, 2025 -** Muffins for Mom - All mother's are welcome to enjoy a treat on GMAHA

**May 15, 2025 - 1pm**

University of Illinois Food Extension will be onsite

**May 29, 2025 - 9:30-1:30**

**pm** Benefit Access Program on site, bulletin board in the community room.

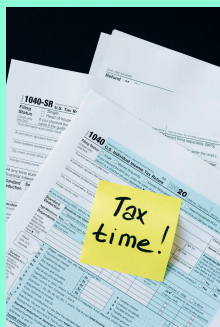
## Reminders-

- **DO NOT** feed the animals. Violators will receive warning notice and fine.
- Free bread and pastries donated every friday 9:30-10:00

## TAX

## REFUND

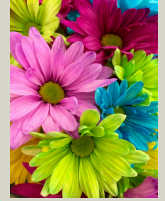
Time is great for catching up on your bills and past due accounts!



World Laughter Day, May 3, 2025 ( First Sunday in May ) World Laughter Day raises awareness of laughter and the many healing benefits it provides. Another goal of the day is to manifest World Peace and build a global consciousness through laughter.

The health benefits of laughter include reducing pain, lowering blood sugar levels, increasing glucose tolerance, helping blood vessels function better, and relieving stress. So have a laugh today!

# May Events!



## Christ United Methodist Church Food Pantry,

3801 7th Street, East Moline, IL 61244 Emergency Pantry/Food Box  
Hours - Monday 9am - 12pm, Wednesday 9 am - 12 pm, Friday 9am - 12 pm



May 3, 2025 - Annual Cinco De Mayo Taco & Margarita Festival, East Moline, IL ( downtown)  
11am, - 7pm



SAL's Early Head Start Program provides an unparalleled level of care to Children and families in the Illinois-Quad Cities - with education at it's heart. Call 309-764-8110 to see if you qualify.



## Tween Gaming - 4th to 8th grade

East Moline Public Library, 745 16th Avenue, East Moline, IL 61244  
3:30 - 5:30pm, EVERY Wednesday in May!  
Contact : Hannah Lawrick @ 309-755-9614 ext. 105



Monte Cristo Sliders with beans and salad - 1-2 packages of hawaiian dinner rolls, thinly sliced turkey and ham, swiss cheese ( or a chesse of your choice) separate rolls, slice to create a pocket ( leave one side uncut) butter the insides , insert ham, turkey and cheese, whip up an egg dip (egg and a little milk) dip sandwicks in egg, cook in preheated skillet with oil, brown on each side. Serve with strawberry jelly and a salad or veggie of your choice.