



# GMAHA News

## you can use!



Greater Metropolitan Area Housing Authority  
Rock Island County • IL010

Office Hours - M-F, 8-4

GMAHA will be closed January 19, 2026 in honor of the Martin Luther King Day. We will reopen Tuesday January 20, 2026 @ 8 am.



January 2026

Work Orders - EMERGENCY (after hours or weekends and holidays) call the answering service @ 309-755-1297  
Work Orders - Non-Emergency enter online or call your property office.

### Two Towers - Warren



Quarterly Insect Spray-  
January 22, 2026 - Warren Heights  
January 23, 2026 - Warren Tower and Warren Place

- please have dogs in cages or be present to control your Dog

Please pick up after your pets, Every time without exception. If staff must pick up you will be assessed a \$10 charge for each occurrence.

*Please utilize the dog park and not rock and grassy areas.*

Visitors - Please ask any visitors to park in the visitor parking only.

### Two Towers - Streed

January 22, 2026 beginning @ 8 AM - Quarterly pest control (all units will be sprayed)



Riverbend Produce pickup First Wednesday of every month.



Adding a pet - ? Prior Approval by management is required. \$300 pet deposit.. Pet Policy is available at the office.

- No visiting pets allowed
- Warnings will be issued.
- Pick up after your pet or be fined.
- Keep all pets on leash

Report all changes within 10 days.

Visitors - MUST park in Visitors parking only!

*Please pick up and garbage outside your door and dispose of properly!*

### Property / Tenant News

#### William Young

1/22/2026 -Quarterly Pest Control will be here and entering all units. If you have an issue contact the office.



1/14/2026  
Riverbend Produce  
First Come, First Serve



- No smoking is allowed in Units
- Live ins - Only those tenants on the lease are allowed to reside in the unit

### Oak Grove



January 28, 2026 - Quarterly Pest Control, MANDATORY. Storm doors must be unlocked for entry.

#### Snow Season is here!

- Keep sidewalks clear
- ( no vehicle overhang)
- Common areas will be plowed by maintenance
- Residents are responsible for outside front/back doors and sidewalks to their apartments



Sign up by January 30, 2026 for First Wed Feb delivery

Utilities must always be in good standing when a resident @ Oak Grove. Never turn off heat in the winter, frozen pipes can be expensive for you and your neighbors.

Thinking of a Pet? Check with office for guidelines

Automobile ? - See office for registration/space assignment and sticker.



# LIHEAP

- Proof of gross income from each household member for the previous 30-day period
- Proof of Social Security
  - Those without an SSN or ITIN are still able to apply.
- Copy of heat and electric bills from within the last 30 days

Apply @  
Project Now  
1830  
Second  
Avenue  
Rock  
Island, IL  
61201  
309-793-  
6391

- Single household: \$3,332
- Two-person household: \$4,357
- Three-person household: \$5,382
- Four-person household: \$6,407
- Five-person household: \$7,432
- Six-person household: \$8,457
- Seven-person household: \$8,649
- Eight-person household: \$8,842

# January Events



## **Christ United Methodist Church Food Pantry,**

3801 7th Street, East Moline, IL 61244 Emergency Pantry/Food Box Hours -  
Monday 9am - 12pm, Wednesday 9 am - 12 pm, Friday 9am - 12 pm



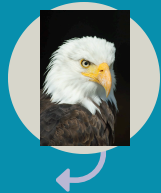
## **<https://www.putnam.org/events/sleepunder-night-at-the-museum/>**

**Putnam Sleepunder: A Night at the Museum**

Friday, January 16 | 6 pm – 10 pm

Ages: 8–12

Get ready for an unforgettable evening at the Putnam! Our Sleepunder brings you all the excitement of a sleepover, exploring the museum after dark, hands-on science fun, and a movie on the GIANT Screen, without spending the night.



## **<https://www.qccaexpoctr.com/event-details/quad-city-bald-eagle-days>**

**Bald Eagle Days are here!**

Friday, Jan. 9: 4 to 8 p.m. • Saturday, Jan. 10: 10 a.m. to 6 p.m. • Sunday, Jan. 11: 10 a.m. to 3 p.m. 🚌

FREE 45-minute Eagle Viewing Bus Tours - Led by Quad City Audubon Society

Saturday @ 10:30, 11:30, 12:30, 1:30, & 2:30



## **SAL's Early Head Start Program** provides an

unparalleled level of care to Children and families in the Illinois-Quad Cities - with education at it's heart.

Call 309-764-8110 to see if you qualify.



**Super easy Chicken and Dumplings** - This so easy and the dumplings are a game changer for busy nights! Ingredients - 2 cans of cream of chicken soup ( heart healthy), 1 container of chicken broth (32 ounces) , 2 cups of chicken ( I like an oven roasted) and one can of refrigerator biscuits. Add Soup and broth to a pan, stir until smooth bring to a slow boil, add chicken and roll out biscuits, slice each biscuit in half , then slice each piece in half again. Throw into boiling soup mixture and put lid on soup. Turn down soup and check in 5-7 min. Ready to eat in 30 min! Serve with salad or a side of your choice.